

# Awaken Yoga Scholarship Program

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## The Scholarship

The Awaken Yoga Scholarship is a \$1,200 scholarship towards the 2010 teacher training program. This scholarship is only eligible to those who meet the below criteria. This scholarship would also include the cost of the student's books, in addition to the scholarship itself.

## How to Apply

Applications will be accepted *by email only* in Adobe PDF format or Microsoft Word Doc to [awakenyoga@att.net](mailto:awakenyoga@att.net). If you are eligible for this scholarship the next step will be an in person interview with the Director of Awaken Yoga. We will ask for the following information:

### Application Components include:

**Essay:** 300 words or less, typed. Essay topics are not limited, but you may wish to reflect on how yoga has impacted your life, and the lives of others, and why you are applying for the scholarship. Answer what you plan to give back once you are a certified teacher in a separate paragraph.

**References:** Please include two (2) References including names, phone number and a written/typed letter of why you should be a candidate for this scholarship. A reference can be a yoga instructor, teacher/professor, employer or any other person who will provide us with an additional sense of why you should be considered for the **Awaken Yoga Scholarship**. Ideally, at least one reference should be from someone who has seen you demonstrate your ability to live your yoga, especially to those in need.

**Resume:** Please submit your yogic resume or brief background as a yogi. What roles are you involved in, within your community, family or others? What have you given as far as Karma Yoga? Is there a particular style of yoga you are dedicated to? Let us know where you have studied yoga, how long you have practiced, and any other interesting facts about you.

**Household Income:** Please do not apply for the scholarship if you do not meet these criteria. Eligibility is determined based on financial need as set forth in US Federal Guidelines at 2 1/2 times the Federal Poverty level.

### HOUSEHOLD SIZE:MAX. Household Income CANNOT EXCEED:

1	\$27,075
2	\$36,425
3	\$45,775
4	\$55,125
5	\$64,475

### Proof of a 2009 tax return needed at time of acceptance

### Deadlines

Scholarship submissions must be received no later than **April 1<sup>st</sup>, 2010**. Acceptable entries will be contacted within 2 weeks after this deadline.